Getting Started With Your Victoza® Pen

Important Information

- Do not share your Victoza® pen with other people, even if the needle has been changed. You may give other people a serious infection, or get a serious infection from them.
- Always use a new needle for each injection.
- Keep your Victoza® pen and all medicines out of the reach of children.
- If you drop your Victoza® pen, repeat “First Time Use for Each New Pen.”
- Be careful not to bend or damage the needle.
- Do not use the cartridge scale to measure how much Victoza® to inject.
- Be careful when handling used needles to avoid needle stick injuries.
- You can use your Victoza® pen for up to 30 days after you use it for the first time.

How Should I Store Victoza®?

**Before use:**
- Store your new, unused Victoza® pen in the refrigerator at 36°F to 46°F (2°C to 8°C).
- If Victoza® is stored outside of refrigeration (by mistake) prior to first use, it should be used or thrown away within 30 days.
- Do not freeze Victoza® or use Victoza® if it has been frozen. Do not store Victoza® near the refrigerator cooling element.

**Pen in use:**
- Protect your Victoza® pen from heat and sunlight.
- Do not store your Victoza® pen near the refrigerator cooling element.
- If Victoza® has been exposed to temperatures above 86°F (30°C), it should be thrown away.
- Keep the pen cap on when your Victoza® pen is not in use.
- Use a Victoza® pen for only 30 days. Throw away a used Victoza® pen after 30 days, even if some medicine is left in the pen.
- Do not use Victoza® after the expiration date printed on the carton.

Selected Important Safety Information

**What is the most important information I should know about Victoza®?**

Victoza® may cause serious side effects, including:
- Possible thyroid tumors, including cancer. Tell your health care provider if you:
  - have a lump or swelling in your neck, hoarseness, trouble swallowing, or shortness of breath. These may be symptoms of thyroid cancer. In studies with rats and mice, Victoza® and medicines that work like Victoza® caused thyroid tumors, including thyroid cancer. It is not known if Victoza® will cause thyroid tumors or a type of thyroid cancer called medullary thyroid carcinoma (MTC) in people.
  - are allergic to lixieglutide or any of the ingredients in Victoza®.

**Indications and Usage**

**What is Victoza®?**

Victoza® (lixieglutide) injection 1.2 mg or 1.8 mg is an injectable prescription medicine used:
- along with diet and exercise to lower blood sugar (glucose) in adults and children who are 10 years of age and older with type 2 diabetes mellitus to reduce the risk of major cardiovascular events such as heart attack, stroke or death in adults with type 2 diabetes mellitus with known heart disease.
- It is not known if Victoza® can be used with insulin.
- It is not known if Victoza® is safe and effective to lower blood sugar in children under 10 years of age.

**Important Safety Information (cont’d) What should I tell my health care provider before using Victoza®?**

Before using Victoza®, tell your health care provider if you:
- have or have had problems with your pancreas, kidneys, or liver.
- have any other medical conditions or severe problems with your stomach, such as slowed emptying of your stomach (gastroparesis) or problems with digestion food.
- are pregnant or breastfeeding or plan to become pregnant or breastfeed.

**Caring For Your Victoza® Pen**

- After removing the needle, put the pen cap on your Victoza® pen and store your Victoza® pen without the needle attached.
- Do not try to refill your Victoza® pen—it is prefilled and is disposable.
- Do not try to repair your pen or pull it apart.
- Keep your Victoza® pen away from dust, dirt, and liquids.
- If cleaning is needed, wipe the outside of the pen with a clean, damp cloth.

If you are having problems using your Victoza® pen, call toll-free 1-877-484-2869 or visit victoza.com.

Tell your health care provider about all the medicines you take, including prescription and over-the-counter medicines, vitamins, herbal supplements, and other medicines to treat diabetes, including insulin or sulfonylureas.

**How should I use Victoza®?**

- Do not mix insulin and Victoza®. Keep them in separate injections.
- You may give an injection of Victoza® and insulin in the same body area (such as your stomach area), but not right next to each other.
- Do not share your Victoza® pen with other people, even if the needle has been changed. You may give other people a serious infection, or get a serious infection from them.

What are the possible side effects of Victoza®?

Victoza® may cause serious side effects, including:
- Inflammation of your pancreas (pancreatitis). Stop using Victoza® and call your health care provider right away if you have severe pain in your stomach area (abdomen) that will not go away, with or without vomiting. You may feel the pain from your abdomen to your back.
- Low blood sugar (hypoglycemia). Your risk for getting low blood sugar may be higher if you use Victoza® with another medicine that can cause low blood sugar, such as a sulfonylurea or insulin. In children who are 10 years of age and older, the risk for low blood sugar may be higher with Victoza® regardless of use with another medicine that can also lower blood sugar.
- Signs and symptoms of low blood sugar may include:
  - Dizziness or lightheadedness, blurred vision, anxiety, irritability or mood changes, sweating, slurred speech, hunger, confusion or drowsiness, shakiness, weakness, headache, fast heartbeat, and feeling jittery.
  - Kidney problems (kidney failure). In people who have kidney problems, diabetes, nausea, and vomiting may cause a loss of fluids (dehydration), which may cause kidney problems to get worse.
  - Serious allergic reactions. Stop using Victoza® and get medical help right away if you have any symptoms of a serious allergic reaction, including swelling of your face, tongue or throat, problems breathing or swallowing, severe rash or itching, fainting or feeling dizzy, or a very rapid heartbeat.
  - Gallbladder problems. Gallbladder problems have happened in some people who take Victoza. Tell your healthcare provider right away if you get symptoms of gallbladder problems which may include pain in the right or middle upper stomach area, fever, nausea and vomiting, or your skin or the white part of your eyes turns yellow.

The most common side effects of Victoza® may include:
- Nausea, diarrhea, vomiting, decreased appetite, indigestion, and constipation.
**Preparation Your Pen**

- Take your new Victoza® pen out of the refrigerator.
- Wash hands with soap and water before use.
- Check pin label before each use to make sure it is your Victoza® pen.
- Pull off pen cap.
- Check Victoza® in the cartridge. The liquid should be clear, colorless, and free of particles.
- Do not use the pen if the liquid is not clear, colorless, or contains particles.

**First-Time Use for Each New Pen**

- If this is the first time with a new pen, follow these steps. Pull off outer needle cap. Do not throw away. Pull off inner needle cap and throw away. A small drop of liquid may appear. This is normal.

**Routine Use and Injecting the Dose**

- If you have already used your pen, follow these steps.

**Injecting the Dose**

- Insert needle into your skin in the stomach, thigh, or upper arm. Use the injection technique shown to you by your health care provider. Do not inject Victoza® into a vein or muscle.

**Withdraw Needle**

- After setting up a new pen, follow these steps. Carefully put the outer needle cap over the needle. Safely remove the needle. Do not recap the needle. Do not throw the disposal container in the household trash. Do not recycle.